

Consultation Agreement

I, _____ agree that I am seeking Brenda Aufderhar's expertise in a consultation format that does not in any way make her responsible for my clients or their welfare. I am fully responsible for the clients that access my services. I understand that Brenda Aufderhar is certified in:

Internal Family System's Therapy (IFS) through IFS Institute <https://ifs-institute.com/practitioners>,
Craniosacral Therapy through Upledger Institute <https://www.iahp.com/pages/search/index.php#result>, and
Hakomi Therapy through Hakomi Institute <https://hakomiinstitute.com/directory/directory-intro>.

I am seeking consultation as relates to: (mark all that apply)

- Getting IFS certification
- Ongoing IFS Consultation
- Integrating Hakomi Techniques in therapy.
- Better understanding on how to integrate the body in talk therapy.
- Learn how to use IFS talk therapy with hands on bodywork.
- Other details agreed upon related to consultation

Signature

Date

Brenda Aufderhar RN, CST-D, CHT, LICSW

Date

5-2020